

ROADS TO INDEPENDENCE

A DISABILITY SERVICE CENTER



The New Choices Waiver is a Medicaid program sponsored by the Utah Department of Health & Human Services. The program is designed to assist eligible individuals move out of nursing homes into home or community-based settings. This program is also available to eligible individuals in assisted living facilities. If you are eligible for the New Choices Waiver, we can assist you or someone you know, move from a nursing home to a home in the community. Supportive services may be provided to you in your home, apartment, a family member's home, assisted living or other community-based setting.

Roads To Independence is a Case Management Services provider for the New Choices Waiver!

As a Case Management agency, we serve Box Elder, Davis, Morgan, Salt Lake, and Weber Counties. We will:

1. Develop a Comprehensive Assessment and Care Plan based on assessed needs and available resources regardless of the funding source. Update care plans annually and as needed to address changing needs.
2. Assist with accessing Medicaid State Plan services and non-Medicaid resources that may meet your needs.
3. Inform you of your rights to freely choose from the providers and services available to you.
4. Advocate with you to support your goals and services.
5. Monitor service providers to ensure that services are being provided according to the assessed need documented in the Comprehensive Care Plan.
6. Obtain attendant care services as needed.
7. Locate affordable and accessible housing as needed.
8. Making your home more accessible as needed.
9. Monitor on an ongoing basis your health and safety status. Initiate appropriate reviews of needs and care plan as indicated.
10. Coordinate services across all Medicaid programs to achieve a holistic approach to care.

Services provided by the New Choices Wavier:

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| <ul style="list-style-type: none">• Adult Day Care• Adult Residential Services• Assistive Technology Devices• Attendant Care• Caregiver Training• Case Management• Chore Services• Community Living Services• Consumer Preparation Services• Emergency Response Systems• Environmental Accessibility Adaptations | <ul style="list-style-type: none">• Financial Management Services• Habilitation Services• Home Delivered Meals• Homemaker Services• Medication Assistance Services• Non-medical Transportation• Personal Budget Assistance• Respite Care• Specialized Medical Equipment• Supportive Maintenance |
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Roads is a non-profit community-based organization providing services and advocacy by and for, all persons with disabilities. Because the majority of our staff have disabilities, we are uniquely qualified to work with you, because we can personally relate to the barriers and struggles that you face day in and day out. Roads was formed in October of 2000, and our staff is dedicated to working with individuals with disabilities to identify and remove barriers, and to assist with living independently in their own homes and communities. Roads serves as a strong advocacy voice on a wide range of national, state, and local issues. We work to assure physical and programmatic access to housing, employment, transportation, recreation, health, and social services.

What is the Independent Living Philosophy?

Choice, autonomy, and control define Independent Living. The philosophy holds that individuals with disabilities have the right to live with dignity and appropriate support in their own homes; they have the right to fully participate in the activities of their communities; and to control and make decisions about their own lives.

Services include but are not limited to:

Information and Referral provides information about disability issues and referrals to services for people with disabilities in the community.

Independent Living Skills Training provides training, support, goal planning with people with disabilities so they may be able to live as independently as possible in the community. Examples are but not limited to: Finding affordable accessible housing, developing life skills (such as cooking, cleaning, money management, etc.), systems and individual advocacy, employment, education, transportation, and communication.

Peer Mentoring provides advice and support for people with disabilities who are finding it difficult to address disability related issues. This support is provided one-on-one, in educational trainings, and/or in group discussions.

Advocacy services by acting either on behalf of a person with a disability or encouraging the individual to act on his/her own behalf to deal with administrative procedures of various agencies, in settling disputes, securing various entitlements and/or securing financial assistance, and safeguarding legal and human rights for all people with disabilities.

Recreational activities that we offer, or coordinate may include therapeutic swimming, bowling, bingo, camping, cycling activities, fishing trips, ceramics class, adaptive basketball, adaptive tennis, movie nights, music/concert nights, horseback riding, rock wall climbing, snow skiing and water skiing, etc. We strive to find a way for anyone to participate in recreational activities. Whether it is through assistive technology, community barrier removal, or even just peer support.

Assistive Technology may be acquired commercially or off the shelf then modified or customized for each individual, and may include power wheelchairs, walkers, talking computers, lifts for the home or vehicle, shower benches, or they may be home modifications like grab bars for your bathroom, widening doors, cut outs under your sinks, build ramps, etc. They are designed to assist an individual with their everyday activities. There are literally thousands of assistive technology products, and we can assist you in deciding which items can maximize your independence.